

Starters

Selection of Bread for two	£3.50	Half a rack of slow roasted Spare Ribs coated in a sticky Barbecue Sauce	£9.50
Delicious Homemade Soup of the Day	£6.50	Traditional Prawn and Avocado Cocktail with Homemade Marie Rose Sauce	£11.50
Trio of Deep Fried Cheeses served with a Berry Compote	£9.50	Beef Fillet Carpaccio served with a Rocket and shaved Parmesan Salad, Sundried Tomato and Black Olive Tapenade	£11.00
Chicken Satay skewer served on a bed of Asian Salad and a rich Satay Sauce	£10.50	Crispy Duck Spring Rolls served with Asian Salad and Sweet and Sour sauces	£8.00
Panko Coated Butterfly King Shrimps served with Homemade Mild Curry Mayonnaise	£11.50	Crispy Vegetarian Spring Rolls served with Asian Salad and Sweet and Sour Sauces	£6.50
Calamari in a Crispy Salt and Pepper coating served with Ali-Oli	£7.50	Traditional Platter of Iberian Ham and Manchego Cheese served with a Sundried Tomato and Black Olive Tapanade with Piquitos	£18.00
Pil Pil Succulent Prawns cooked with Fresh Chilli, Garlic and Smoked Paprika	£11.50		

Salads

Classic Caesar Salad Served with Crispy Bacon, Anchovies, Croutons, Boiled Egg and Shaved Parmesan with Grilled Chicken	£8.00 £10.50	Shredded Duck Leg, Mango and Cashew Nut Salad with Fresh Spinach and a Raspberry Vinaigrette	Starter £9.50 Main £14.00
Grilled Goats Cheese, Lettuce, Apple and Walnuts served with a Honey and Balsamic Reduction	£11.50	Buffalo Mozzarella and Vine Tomato Salad with Pesto Dressing and a Balsamic Reduction	Starter £9.00 Main £13.50

Mains

Spaghetti Vongole 'La Sala Style' with succulent Prawns, Clams, Garlic, Chilli and Tomato	£18.50	Chargrilled Sirloin Steak	£22.00
Penne Pasta with Ricotta, Spinach and Mushrooms and a Tomato and Blue Cheese Sauce topped with Pine Nuts and Rocket	£12.50	Served with Hand Cut Fries, Grilled Tomatoes, Mushrooms and Homemade Peppercorn Sauce	
Tagliatelle Prawn Pil Pil with Chilli, Garlic and Smoked Paprika	£15.50	5oz Chargrilled Fillet Mignon and King Prawns topped with Garlic Butter and Rock Salt	£28.00
Pan fried Sea Bass marinated in Ginger and Soy, served with Basmati Rice and Stir-Fried Vegetables	£22.00	Served with Hand Cut Fries and Béarnaise Sauce	
Deep Fried Cod in Crispy Beer Batter, served with Hand Cut Fries, Minted Mushy Peas and Homemade Tartar Sauce	£15.00	Chargrilled Fillet Steak topped with Garlic Butter and Rock Salt	£25.50
Full Rack of BBQ Pork ribs, Hand Cut Fat Chips and Homemade Coleslaw	£18.00	Served with Grilled Tomatoes, Mushrooms, Hand Cut Fries and Béarnaise Sauce	
Yaki Tori Noodles Stir Fried with Asian Vegetables and a Teriyaki Sauce		The Famous 'La Sala Fillet Steak Burger' with Grilled Bacon, Melted Cheese, Coleslaw, Hand Cut Fries and Smoked Jalapeño Mayonnaise	£18.00
with Grilled Vegetables	£10.50	Authentic Homemade Thai Green Curry served with Steamed Basmati Rice	£15.00
with Grilled Chicken	£14.50	with Chicken	£12.00
with Grilled Salmon	£18.00	with Vegetables	£20.00
with Grilled Fillet of Beef	£19.00	with Prawns	
Herb Crusted Rack of Lamb with Dauphinoise Potatoes, and Seasonal Vegetables	£25.00	Our Famous Sticky Pork Belly with Crispy Crackling, Creamed Potatoes and Apple Compote	£16.00

A Little Extra

Hand Cut Fries, Sauté Potatoes, Dauphinoise Potatoes, Mash Potato, Crispy Onion Rings, Chargrilled Vegetables, Creamed Spinach, Buttered Seasonal Mixed Vegetables	£3.50	Side Salads: Green, Mixed, Coleslaw, Rocket and Parmesan	£4.50
		Extra Homemade Sauces: Mushroom, Red Wine, Peppercorn, Béarnaise, Ali-Oli, Curry Mayonnaise, Smoked Jalapeño Mayonnaise	£1.00

Desserts

Baked Apple Crumble with Homemade Custard	£6.00	Chocolate Brownie served with a duo of White Chocolate Dark Chocolate Sauce and Vanilla Ice Cream	£6.00
Homemade Tiramisu	£6.00	Cheese Plate, Home-Made Chutney and Biscuits	£8.50
Fresh Fruit Platter, Yoghurt and Mint Dip	£7.00	Selection of Ice Creams and Sorbets: Vanilla, Chocolate, Strawberry, Lemon, Raspberry, Mango	£6.00
Homemade New York Baked Cheesecake drizzled with a Salted Caramel Sauce and served with Vanilla Ice Cream	£6.00	Toppings: Salted Caramel Sauce, Hot Dark Chocolate Sauce, Hot White Chocolate Sauce	£1.00
Sticky Toffee Pudding, Rum Sauce, Vanilla Ice Cream	£6.00		

LA SALA

G I B R A L T A R

Lunch Break

£15

Water, tea and coffee included

Salads

.....

Nicoise

Baby Gem, Green Beans, Red Onion, Potatoes, Cherry Tomatoes

Caesar

Roman Lettuce, Creamy Caesar Dressing, Parmesan Shavings, Soft Boiled Egg, Grilled Chicken

Caprese

Tomatoes, Buffalo Mozzarella and Pesto

Waldorf

Celeriac, Walnut and Grapes

Today's Special

Please ask your Waiter for today's Chef Special

Mains

.....

Pork BBQ Ribs

Grilled Vegetables and French Fries

Salmon a la Plancha

Grilled Vegetables and Mash Potato

Beef Burger

Tomato, Bacon, Baby Lettuce and Cheddar Cheese, Served with French Fries

Piri Piri Grilled Corn Fed Chicken Legs

Salad, Roast Potato

Today's Special

Please ask your Waiter for today's Chef Special

Quick Lunch

£10

1 Soft Drink included

Sandwich & Wraps

.....

Club Sandwich

Roast Beef and Red Onion Baguette

Smoked Salmon, Cream Cheese & Rucola Wrap

Humus and Grilled Vegetables Wrap

Chicken Satay Wrap

All served with French Fries

Both offers available

Monday to Friday:

12:00 - 14:30

 **FRIDAY
CALLING**

LA SALA

EVERY FRIDAY

16:00 - 20:00

4 DRINKS +

1 TAPAS PLATTER

£32 FOR 

+1 SHISHA

£42 FOR 

